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**WE'VE ALL GOT A
ROLE TO PLAY IN
KEEPING KIDS SAFE
- IF YOU'RE WORRIED
DON'T IGNORE IT”**

JENNY MAY COFFIN

**FAMILY
VIOLENCE
IT'S NOT OK**

IT IS

OK

**TO ASK
FOR
HELP**

0800 456 450 areyouok.org.nz



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**WHEN YOU FEEL
LIKE TEARING
YOUR HAIR OUT
– ASK FOR HELP”**

BEN HURLEY

**FAMILY
VIOLENCE
IT'S NOT OK**

IT IS



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A photograph of a man and a young child outdoors. The man, on the right, is wearing a grey t-shirt and a white baseball cap with 'NEW YORK' and 'NEW' visible. He is smiling and looking at the child. The child, on the left, is wearing a white hoodie with orange patterns and a black jacket. The child is also smiling and looking at the man. The background is a blurred green field with trees.

**“ HE SEES AND HEARS
EVERYTHING - IT IS OK
TO ASK FOR HELP ”**

LIAM AND JAI MESSAM

**FAMILY
VIOLENCE
IT'S NOT OK** | **IT IS
OK TO ASK
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